

The Two Deaths of Christ on the Cross

Spiritual Death

My God, my God, why have
You forsaken me?

Psalm 22:1a (NASB)

About the ninth hour Jesus
cried out with a loud voice,
saying, “**ELI, ELI, LAMA
SABACHTHANI?**” that is, “**MY
GOD, MY GOD, WHY HAVE
YOU FORSAKEN ME?**”

Matthew 27:46 (NASB)

Physical Death

Into Your hand I commit my
spirit; You have ransomed
me, O Lord, the God of
truth.

Psalm 31:5 (NASB)

And Jesus, crying out with a
loud voice, said, “**Father,
INTO YOUR HANDS I COMMIT
MY SPIRIT.**”

Luke 23:46 (NASB)