

David's Heir: Stress in the Soul: 4 Distractive Factors; the Indwelling of the Trinity: Reminder to Use Divine Power over Human Power; the Key Problem-Solving Devices: Personal Love for God & Unconditional Love for Mankind; God Is Perfect & Maintains Perfection while Man is Imperfect & Is Imperfect from Birth

52. 1 Samuel 18:5 begins a sequence of events that drives Saul deeper into reversionism and the accompanying disorder of depression.
53. Before observing passages that reveal Saul's mental- attitude and overt sins toward David, we will take a little time to look into bipolar disorder, Christian psychosis, and stress in the soul.

STRESS IN THE SOUL:

1. The believer's spiritual life and spiritual growth is dramatically affected by the inability to handle stress.
2. There are a number of distractive factors that lead to disorientation to doctrine and failure in the use of biblical problem-solving devices:
 - (1) When a relationship with people is given more importance than a relationship with God.
 - (2) When fellowship with God is measured by one's fellowship with people.
 - (3) When it is assumed that if you are in a right relationship with people then you are in a right relationship with God.
 - (4) When it is attempted to execute the Christian way of life on human power rather than divine power.
3. A basic doctrine that must be remembered by every believer is the indwelling of the Trinity:
 - (1) God the Father: John 14:23; Ephesians 4:6; 2 John 9.
 - (2) God the Son: John 14:20, 17:22-23, 26; Romans 8:10; 2 Corinthians 13:5; Galatians 2:20; Colossians 1:27; 1 John 3:24.
 - (3) God the Holy Spirit: Romans 8:11; 1 Corinthians 3:16, 6:19-20; 2 Corinthians 6:16.
4. The purpose of the indwelling of God the Father provides assurance in times of difficulty that you were in His plan in eternity past. The problem faced is entered into the divine decree; God is in you to provide encouragement in time of testing.
5. The purpose of the indwelling of God the Son is to guarantee the availability of divine power to every believer who resides inside the bubble.
6. The purpose of the indwelling of the Holy Spirit is to provide a temple for the indwelling of Jesus Christ as the Shekinah Glory.
7. PRINCIPLE: Believers who depend on human power to execute the plan of God will fail miserably and suffer the implosion of their spiritual lives.
8. The key problem-solving devices that enable the believer to avoid the pitfalls of stress in the soul are: (1) personal love for God and (2) unconditional love for people.
9. The typical failure to apply these two systems is the inability to distinguish the difference between personal and unconditional love.
10. Personal love is conditional because it demands perfection. As long as God is perfect, then personal love will continue to have virtue.

11. Unconditional love demands nothing from another individual. To demand perfection from others introduces a tragic flaw into the system. No one can live up to this requirement.
12. This is often the failure of parents who impose impossible standards on their children. Children by definition are flawed individuals—they are born tabula rasa but with a sin nature and must accumulate knowledge that enables them to develop integrity.
13. However, integrity does not equate to perfection. Children must be allowed to make mistakes. It is through failure that wisdom is learned and good decision-making habits are developed.
14. The same concept is true for adults since it is impossible to acquire enough information to reach a level of perfection. To demand perfection from others is irrational and sets up reactor factors that crystalize in a person's soul.
15. These reactor factors reject the whole concept of grace. Instead, the person becomes judgmental, critical, and overbearing while being blind to his own failures.
16. The failure to develop virtue love toward others leads to Operation Psychosis. Saul became bipolar which is the modern term for life in the cosmic systems.
17. Manifestations of a person who is in chronic carnality are anger, bitterness, jealousy, vindictiveness, revenge motivation, revenge tactics, and hatred.
18. Whatever the perceived adversity, reaction to it leads to stress in the soul which short-circuits the spiritual life.
19. There is a difference between adversity and stress. Adversity consists of the normal pressures in life that everyone encounters in one form or another.
20. The failure to manage outside adversity with biblical solutions results in internal stress in the soul.
21. Therefore, adversity is inevitable while stress is optional. The former is outside the control of the believer's free will; the latter is allowed by the believer's free will.
22. There are multiple circumstances in life that make up the adversities that challenge the believer. How he manages these adversities depends on his doctrinal inventory and his willingness to utilize that inventory. Here are few common challenges to the believer's spiritual life:
 - (1) **Social adversity:** personality conflicts; injustice; trouble in marriage or romance, loss of friends.
 - (2) **Rejection adversity:** victimized by prejudice, betrayal, roll-model arrogance, unfair treatment, isolation by alleged friends or business associates.
 - (3) **Criminal adversity:** victimized by robbery, burglary, embezzlement, blackmail, child abuse, incest, assault, battery, perjury.
 - (4) **Vilification adversity:** victimized by gossip, slander, maligning, judging, the public lie, loss of reputation.
 - (5) **Climate adversity:** storm, lightning, flood, fire, earthquake, tornado, hurricane, wind, blizzard, extreme heat or cold, drought, torrential rain.

- (6) **Historical adversity:** economic recession and depression, historical downtrends, loss of public thought, political corruption, loss of freedom, violence, sedition, rebellion, revolution, terrorism, treachery, assaults on divine institutions, propaganda from media, academia, and government – the cosmic triumvirate.
 - (7) **Health adversity:** disease, illness, injury, pain, malnutrition, chronic maladies, birth defects, blindness, paralysis, amputation, death of loved ones, psychological disorders, Obama Care.
23. The world is a fallen planet; its human population is fallen. Both provide abundant categories of adversity for believers to confront.